

Adia Edmondson

NYC

Adia Edmondson is an East Coast native and performing artist. She attended Manhattanville College in Purchase, NY, where she received a BA in Dance and Theater with departmental honors. Adia is passionate about training, performing, and teaching in a variety of dance/fitness styles, including modern/contemporary, ballet, hip hop, Afro-Caribbean, yoga, zumba, and of course, barre with Barre Vida!

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