

Marla Altberg

NYC

Marla is certified in Barre Vida, Power Pilates Mat, YogaFit (1), Personal Training, Sr. Strength & Conditioning. Her motto is Have Fun with Fitness, as long as you are moving we will accomplish your goals together.

Website:

<https://mbaltberg.wixsite.com/havefunwithfitness>

Classes: Virtually and In-person